

Time	Under 6		Under 7		Under 8		Under 9		Time	Under 10		Under 11		Under 12		Open Age		Time	
1:00				60mH @ FS	60mH @ BS				1:00			Discus @ Dis2	Discus @ Dis1	Shot Put @ SP1	Shot Put @ SP2	High Jump @ HJ1	High Jump @ HJ2	1:00	
1:05			60mH @ FS		60mH @ BS				1:05									1:05	
1:10									1:10									1:10	
1:15			Long Jump @ LJ1	Long Jump @ LJ2			60mH @ BS		1:15									1:15	
1:20					200m	200m	60mH @ BS		1:20									1:20	
1:25									1:25									1:25	
1:30									1:30		60mH @ BS							1:30	
1:35		200m							1:35	60mH @ BS								1:35	
1:40	200m				Long Jump @ TJ1	Long Jump @ TJ2			1:40									1:40	
1:45									1:45									1:45	
1:50							200m	200m	1:50			60mH @ BS						1:50	
1:55									1:55									1:55	
2:00									2:00						60mH @ BS			2:00	
2:05									2:05									2:05	
2:10									2:10			200m	200m	60mH @ BS				2:10	
2:15									2:15									2:15	
2:20							Long Jump @ LJ1	Long Jump @ LJ2	2:20								80-100mH @ BS	80-100mH @ BS	2:20
2:25			200m	200m					2:25										2:25
2:30									2:30										2:30
2:35									2:35	70m @ BS	70m @ BS								2:35
2:40									2:40					200m	200m				2:40
2:45									2:45										2:45
2:50	70m @ BS	70m @ BS							2:50										2:50
2:55									2:55	200m	200m	Triple Jump @ TJ1	Triple Jump @ TJ2						2:55
3:00									3:00										3:00
3:05				70m @ BS					3:05										3:05
3:10									3:10										3:10
3:15									3:15	Long Jump @ LJ1	Long Jump @ LJ2								3:15
3:20					70m @ BS	70m @ BS			3:20										3:20
3:25									3:25										3:25
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4:25									4:25			400m	400m						4:25
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4:50									4:50										4:50
4:55									4:55										4:55

70m	70m	70m	70m	70m	70m	70m	70m	70m
200m	200m	200m	200m	200m	200m	200m	200m	200m
		60mH	60mH	60mH	60mH	60mH	60mH	60mH
		Long Jump	Long Jump	Long Jump	Long Jump	Long Jump	Long Jump	Long Jump

70m	70m	200m	200m	200m	200m	100m	100m
200m	200m	400m	400m	400m	400m	400m	400m
60mH	60mH	60mH	60mH	60mH	60mH	80-100mH	80-100mH
Long Jump	Long Jump	Triple Jump	Triple Jump	High Jump	High Jump	High Jump	High Jump
		Discus	Discus	Shot Put	Shot Put	Shot Put	Shot Put