



# ON YOUR MARKS

Werribee Little Athletics Newsletter  
Issue 2 – Winter 2018/19  
Winter 2019



 : Little Athletics Victoria

## Cross Country Relays 2019

Congratulations to the teams who competed at this season's Cross Country Relays at Cruden Farm on the weekend. Despite the cold weather all teams did themselves and WLAC proud.

Well Done to the following teams:

Under 15 Boys – 1<sup>st</sup> place

Under 15 Boys – 4<sup>th</sup> place

Under 13 Girls – 5<sup>th</sup> place

Under 11 Girls – 3<sup>rd</sup> place

**CHAMPIONSHIPS:** All registered athletes, U9+ are eligible to participate in the Western Metro Region Cross Country Carnival (22<sup>nd</sup> June) and the LAVIC 2019 State Cross Country Championships (3<sup>rd</sup> August) both being held this year at Lake Dewar. You are not required to compete at the weekly cross-country competition to compete but you must run at Region to qualify for the State Championships.

Entries for the WMR Cross Country Carnival **close on Monday 10 June**. To enter please visit the online portal - <http://www.lavic.com.au/Competition/Events/2019-region-cross-country-carnivals>.

**RELAYS:** WLAC will be entering teams in the Road Relays (6<sup>th</sup> July at Sandown Racecourse). If you are unable to attend weekly cross country, but wish to compete in a team, please email [werribee@wlac.com.au](mailto:werribee@wlac.com.au) so we can add you into a team. These races are available for age groups U9+ only.

**OPEN DAY:** WLAC will also be hosting a Cross Country Open Day this season. This event will be open to athletes from all age groups and will be held at Brimbank Park on 27<sup>th</sup> July. All Werribee athletes are eligible to compete, even if you are not running at our weekly cross country.

Entry is \$5 (plus \$1.65 admin fee) and is via the online portal –

<https://eventdesq.sportstg.com/index.cfm?fuseaction=main&EventDesqID=32778&OrgID=1541>

## Shade Sails Complete

Some of you may have seen the new shade sails that have been installed at the track. Thank you to Wyndham City Council for overseeing this project. We now have permanent shade at the 100m start line, finish line, 1500m start line and over near the 200m start.



## Important Dates to Remember

22 <sup>nd</sup> June	WMR Cross Country	Lake Dewar
6 <sup>th</sup> July	Road Relays	Sandown Racecourse
27 <sup>th</sup> July	WLAC Cross Country Open Day	Brimbank Bark
3 <sup>rd</sup> August	LAVic State Cross Country Championships	Lake Dewar

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