

Round 8 - 06/12/2025

		100m		200m		SP End		HJ End		Inside		Outside		Finsih Line High		Discus Side Scissor		Club Rooms Long		Grand Stand										
Front Straight		Circular		Shot Put 1		Shot Put 2		Javelin		HJ End 2		Discus 1		Discus 2		Jump 1		Jump		Long Jump 1		Long Jump 2		Triple Jump 2		On Track				
8:00		U6-U17 Warm Up																										8:00		
8:10																												8:10		
8:20		U15-17 Boys & Girls - 300mH	U12 Boys	U9 Boys	U11 Boys	U8 Girls	U10 Girls			U12 Girls	U9 Girls	U10 Boys	U8 Boys	U11 Girls	U6-7 Boys & Girls	8:20														
		U14 Boys & Girls - 200mH																												
8:30		U13 Boys & Girls - 200mH															8:30													
8:40	U8 Boys & Girls - 100m																											8:40		
	U15-17 Boys & Girls - 100m																													
8:50																												8:50		
	U14 Boys & Girls - 100m																													
9:00	U13 Boys & Girls - 100m		U15-17 Boys & Girls			U14 Boys & Girls			U13 Girls																		9:00			
	U11 Boys & Girls - 100m																													
9:10	U6 Boys & Girls - 100m																													9:10
9:20	U7 Boys & Girls - 100m																										9:20			
9:30	U10 Boys & Girls - 100m																										9:30			
	U9 Boys & Girls - 100m																													
9:40	U12 Boys & Girls - 100m		U7 Girls	U7 Boys	U11 Girls	U8 Boys																					9:40			
	U9 Boys & Girls - 70m																													
9:50	U10 Boys & Girls - 70m																													
10:00	U12 Boys & Girls - 70m																										10:00			
	U11 Boys & Girls - 70m																													
10:10	U8 Boys & Girls - 70m		U12 Girls	U9 Girls																							10:10			
	U7 Boys & Girls - 70m																													
10:20	U6 Boys & Girls - 70m																												10:20	
10:30	U6 Boys & Girls - 70m																										10:30			
10:40	U8 Boys & Girls - 400m - NI																										10:40			
10:50	U11 Boys & Girls - 400m																										10:50			
11:00	U15-17 Boys & Girls - 400m																										11:00			
	U12 Boys & Girls - 400m																													
11:10	U9 Boys & Girls - 400m																										11:10			
	U14 Boys & Girls - 400m																													
11:20	U10 Boys & Girls - 400m																										11:20			
	U13 Boys & Girls - 400m																										11:30			
11:40																											11:40			